

Tokyo Marathon Foundation Press Release

Tokyo Marathon Foundation is honored to announce today (June 28 2018), that the Race Information of Tokyo Marathon 2019 has been confirmed as attached at its second annual board meeting. Several other information related to Tokyo Marathon 2019 was also announced as follows:

• Tokyo Marathon 2019 will accept up to 38,000 runners! (Marathon: 35,500 \rightarrow 37,500; 10km: 500)	P2
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Tokyo Marathon 2019 (March 3, 2019) We are accepting up to 38,000 runners! (Marathon: 35,500 -> 37,500; 10km: 500)

Tokyo Marathon 2019 (March 3, 2019) will increase the marathon capacity by 2,000 entrants, accepting up to 37,500 runners for the marathon and 500 runners for 10km.

At the same time, we will increase the Charity Runner places by 1,000 to 5,000 places so that we could further promote the social contribution activities through the Tokyo Marathon Charity program.

*Please note that our race day changed from the fourth Sunday in February to the first Sunday in March.

Tokyo Marathon 2019 Entry Registration Details

Charity Runner

Application period: From Monday, July 2, 2018 to Tuesday, July 31, 2018

*Applications for donation will start on the same day and remain open until March 31, 2019. How to enter: Through the Tokyo Marathon Charity official Website. (http://www.marathon.tokyo/en/) Selection method: First-come, first-served basis (Up to 4,700 places)

*Applications for Active Charity places (up to 300) will remain open until August 31, 2018.

ONE TOKYO Premium Member Advance Entry

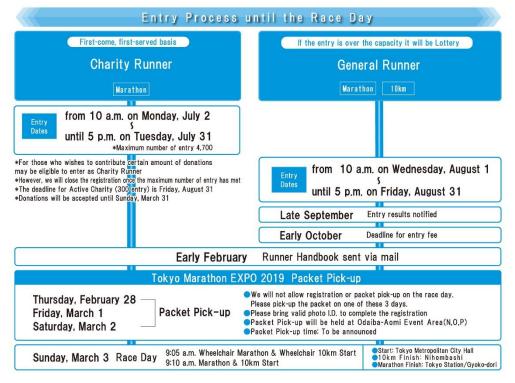
Application period: From Monday, July 2, 2018 to Tuesday, July 31, 2018

How to enter: Through the ONE TOKYO official website (https://onetokyo.org) *Only in Japanese Selection method: 3,000 entrants will be selected by lottery drawing if applications exceed the capacity **General Runner** (Marathon & 10km)

Application period: From Wednesday, August 1, 2018 to Friday, August 31, 2018

How to enter: Through the Tokyo Marathon 2019 official website (http://www.marathon.tokyo/en/) Selection method: Entrants (Marathon: 27,370, 10km: 400) will be by lottery drawing if applications

exceed the capacity



*For details on the RUN as ONE – Tokyo Marathon 2019 and elite runner registration, please see our Race Information.

Race Name

Tokyo Marathon 2019

also serves as selection trial for:

- · 2019 IAAF World Championship in Doha
- Marathon Grand Championship Series (MGC) 2018-2019
 ~Japanese Olympic Trial for Tokyo Olympic 2020~
- Abbott World Marathon Majors Series XII

Organizer

Tokyo Marathon Foundation

Co-organizers

JAAF (Japan Association of Athletics Federations); Tokyo Metropolitan Government; The Yomiuri Shimbun; Nippon Television Network Corporation; Fuji Television Network, Inc.; Sankei Shimbun Co., Ltd.; The Tokyo Shimbun

Supporting Organizations (provisional)

JAPAN SPORTS AGENCY; Ministry of Land, Infrastructure, Transport and Tourism; Japan Tourism Agency; Metropolitan Tokyo Mayors' Council; Japan Sports Association; Japanese Olympic Committee; Japanese Para-Sports Association; Japan Para Athletics; Nippon Keidanren (Japan Business Federation) ; The Tokyo Chamber of Commerce and Industry; Tokyo Medical Association; Tokyo Disaster Prevention & Emergency Medical Service Association; Tokyo Private Ambulance Call Center Registered Companies Liaison Council; TOKYO NURSING ASSOCIATION; Tokyo Convention & Visitors Bureau; Tokyo Federation of Neighborhood Associations; Tokyo Federation of Shopping Center Promotion Associations & Tokyo Federation of Shopping Centers; Tokyo Sports Association; Community Sport Leaders Tokyo; The Hochi Shimbun; Radio Nippon Co., Ltd.; Sankei Sports; Yukan Fuji; Nippon Broadcasting System, Inc.; Fuji Sankei Business I; FUSOSHA Publishing Inc.; The Tokyo Chunichi Sports

Managing Organization

Tokyo Athletics Association

Operation Supporter

Tokyo Sports Association for the Disabled; Kanto Para Athletics

Presenting Partner

Tokyo Metro Co., Ltd.

Official Partners

STARTS CORPORATION INC.; Yamazaki Baking Co., Ltd.; ASICS Japan Corp.; Otsuka Pharmaceutical Co., Ltd.; BMW Japan Corp.; KINTETSU INTERNATIONAL; The Dai-ichi Life Insurance Company, Limited; SEIKO HOLDINGS CORPORATION; SECOM CO.,LTD.; Toray Industries, Inc.; McDonald's Company (Japan), Ltd.; Mizuho Bank, Ltd.; Seven-Eleven Japan Co.,Ltd.; ASAHI BREWERIES, LTD.; American Express International, Inc.; ALL NIPPON AIRWAYS CO.,LTD; Photocreate Co.,Ltd; ZENROSAI (National Federation of Workers and Consumers Insurance Cooperatives) ; KONICA MINOLTA, INC.; Hisamitsu Pharmaceutical Co.,Inc.; Daiwa Securities Group; Shiseido Japan Co.,Ltd; BANDAI NAMCO Entertainment Inc.; HJ Holdings, Inc.; NIHON KOHDEN CORPORATION; KOYOU RENTIA Co.,Ltd.; Shimizu Octo,Inc.; EMTG Co., Ltd.

Events

1) Marathon (Men, Women, Wheelchair Men, Wheelchair Women)

2) 10km Race (Men and Women for Junior & Youth, Visually Impaired, Intellectually Challenged, Organ Transplant Recipients and Wheelchair categories)

Date & Time

Sunday, March 3, 2019

- 9:05 a.m. Wheelchair Marathon and Wheelchair 10km Start
- 9:10 a.m. Marathon and 10km Start
- 10:50 a.m. 10km Finish
- 4:10 p.m. Marathon Finish

Broadcaster Nippon Television Network Corporation

Course

Marathon: Tokyo Metropolitan Government Building — Iidabashi — Kanda — Nihombashi — Asakusa Kaminarimon — Ryogoku — Monzen-nakacho — Ginza — Takanawa — Hibiya —Tokyo Station/Gyoko-dori Ave. (This course is certified by the JAAF and AIMS/IAAF .) 10km Race: Tokyo Metropolitan Government Building — Iidabashi — Kanda — Nihombashi (Results are considered unofficial. Finishing place is determined by net time.)

Competition Rules

The races will be conducted in accordance with the rules and regulations of the IAAF, JAAF and the Race Organizer.

IAAF Road Race Label Regulations also applies to the Tokyo Marathon 2019, which has been certified by the IAAF as a Gold Label road race. Doping control is conducted under IAAF Anti-Doping Regulations and/or Japan Anti-Doping Regulations.

World Para Athletics Rules and Regulations and the competition rules of the Tokyo Marathon applies to the wheelchair marathon. Doping control is conducted under World Para Athletics Anti-Doping Regulations and/or Japan Anti-Doping Regulations.

Time Limits

Marathon: 7 hours; Wheelchair Marathon: 2 hours and 10 minutes

10km Race: 1 hour and 40 minutes; Wheelchair 10km race: 35 minutes

(i) The time limits are based on the gun time (not on the net time).

(ii) The cut-off time will be enforced at each checkpoint due to limited duration of traffic control, security operation and event operation. The runners, who fail to pass through the checkpoint before the cut-off time will be disqualified from the race. Furthermore, runners who lag excessively behind the cut-off time pace may be asked to leave the course at anytime.

Maximum Number of Entrants

38,000 Runners (Marathon: 37,500 runners; 10km Race: 500 runners)

Eligibility:

Those who fulfill the following conditions, and whose participation is approved by the organizer.

1) Marathon: Must be at least 19 years of age on the race day

1-1) General

- Runners who are capable of completing the race within 6 hours and 40 minutes

1-2) Semi-Elite Athletes

- Athletes who satisfy the requirements set forth by the "RUN as ONE - Tokyo Marathon 2019".

1-3) Elite Athletes

- Athletes, registered with the JAAF in fiscal 2018 who satisfy the special requirements set forth by the JAAF

- Invited Athletes: National and international runners nominated by the JAAF

1-4) General Wheelchair

-Wheelchair users who are capable of completing the race within 2 hours and 10 minutes using the racing wheelchair.

1-5) Elite Wheelchair

-Athletes registered with the JPA in fiscal 2018, and to be registered with the IPC in fiscal 2019

-Athletes who are in the sport classes T53 – 54 of World Para Athletics Classification

-Athletes who have the following record in the tournament of the World Para Athletics certified races:

1 hour and 50 minutes or under (Men)

2 hours or under (Women)

-Invited Athletes: National and international athletes nominated by the JPA

2) 10km Race: Must be at least 16 years of age on the race day

2-1) Junior & Youth

-Runners between 16 and 18 years of age on the race day, who are capable of finishing the race in 1.5 hours (Runners born between March 4, 2000 and March 3, 2003 are eligible) *Including those runners who are selected separately by the Tokyo Metropolitan Government under the projects related to the Great East Japan Earthquake Recovery support.

2-2) Visually Impaired

-Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours 2-3) Intellectually Challenged

-Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours 2-4) Organ Transplant Recipients

-Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours 2-5) Wheelchair

-Wheelchair users aged 16 and above on the race day, capable of finishing the race in 35 minutes on the racing wheelchair

* Racing wheelchair requirements are specified in the latest "Rules and Regulations" applicable to the event day set by the World Para Athletics.

Prize Money

For both the marathon, and wheelchair marathon races, the prize money based on the results will be awarded in accordance with separate rules.

Entry Fee Marathon: Japan residents - 10,800 Yen (from overseas - 12,800 Yen) 10km Race: Japan residents - 5,600 Yen (from overseas - 6,700 Yen) *Tax and handling fee included

Application

1) Procedure

Online entry: http://www.marathon.tokyo/en/

2) Application Period

Applications must be received between Wednesday, August 1, 2018 through Friday, August 31, 2018

3) Screening

If the applications exceeds the maximum number, the entrants will be randomly selected by lottery

4) Payment

Selected entrants must pay the entry fee by credit card before the deadline.

*Applications to charity runners will be accepted from Monday, July 2 to Tuesday, July 31, on a first-come, first-served basis (up to 4,700 charity runners). Applications to Active charity runners (300 applicants) will be accepted until Friday, August 31.

*Priority applications from the premium members of ONE TOKYO, the official club of Tokyo Marathon Foundation, can be submitted from Monday, July 2 to Tuesday, July 31 (3,000 runners)

Entrants will be selected by the lottery if applications exceed the maximum number.

* For the details on the RUN as ONE – Tokyo Marathon 2019, please refer to the Tokyo Marathon official website.

*Applications of elite runners and elite wheelchair athletes will be accepted from December.

Packet Pick-up

Thursday, February 28; Friday, March 1; and Saturday, March 2, 2019 Venue: Tokyo Marathon EXPO 2019 at Odaiba-Aomi Event Area (N,O,P) *There will be no entry or packet pick-up on the race day.

Others:

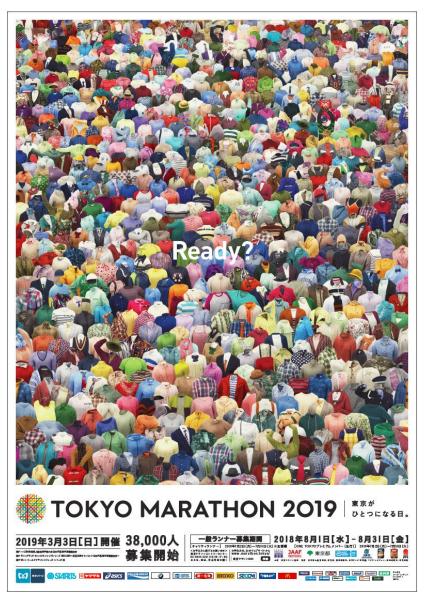
1) Entry fees are non-refundable in the event of cancellation of the race if such cancellation is not accountable to the organizer.

2) The event will be operated in compliance with all national laws and regulations.



Tokyo Marathon 2019 Key Visual

This visual is the key visual of Tokyo Marathon 2019. Posters featuring this key visual will be displayed at various places including train stations and sports retailers.



[Design Concept]

At first glance, the image looks like a colorful depiction of the start of the marathon. However, on a closer look, one can see that it is actually a collage of ordinary clothes. The Tokyo Marathon is a festival that happens only once a year. However, it is supported by many lives of ordinary people with different occupation and lifestyles. Each and every person involved in the Tokyo Marathon is passionate to run, not only on the day of marathon-but every day. This image depicts how passion and enthusiasm unites as one to form the Tokyo Marathon.

The marathon's slogan for 2019 is "Ready?" which expresses the feeling of "Something exciting is bound to happen!" to runners, volunteers, staff, and spectators that have been involved with the Tokyo Marathon in the past, as well as people who have yet to take an interest in the event. The slogan, which reflects the spirit of the marathon, intuitively conveys the feeling of excitement in the air before the start of the race.



Tokyo Marathon 2019 Charity "Run with Heart" - Accepting donations and charity runner applications (5,000 charity runners) from Monday, July 2 -

The Tokyo Marathon Foundation will begin accepting donations and charity runner applications for the Tokyo Marathon 2019 Charity from Monday, July 2. It will also foster a culture of charity through crowdfunding by recipient program charity ambassadors.

Please see the Tokyo Marathon 2019 Charity application guidelines below:

Donation and charity runner application guidelines

Name: Tokyo Marathon 2019 Charity Recipient programs: See the list of recipient programs below

<Donations>

Donation period: Monday, July 2, 2018 at 10:00 a.m. to Sunday, March 31, 2019 at 5:00 p.m. Amount: No fixed donation amount

* For processing purposes, donations must be in units of 1,000 yen.

<Charity runners>

Application period: Monday, July 2, 2018 at 10:00 a.m. to Wednesday, July 31, 2018 at 5:00 p.m. Number of places: **5,000**

> (Applications for 300 Active Charity runner places accepted until Friday, August 31) * Applications will no longer be accepted once all places are filled

Qualifications: Donors whose donations meet or exceed a certain value and who wish to run in the Tokyo Marathon 2019

> (Persons who meet the "Tokyo Marathon 2019" application guideline gualification conditions)

- * Participation in the Tokyo Marathon 2019 requires a separate entry fee.
- * The application window may be closed earlier if deemed necessary by the organizer. For details, please see http://www.marathon.tokyo/en/charity/

■ Tokyo Marathon 2019 Charity Recipient Programs (Organizations marked with a \star are Active Charity program organizations)

Charitable activities*	Recipient Program	
Creating and passing on a society in which people can enjoy new lifestyles through sports		
Organizing "Kid's Athletics x Tokyo Marathon Style" sports activities for children in the areas affected by the Great East Japan Earthquake.	- + Tokyo Marathon Sports Legacy Program	
Education work for areas stricken by Great East Japan Earthquake. (Donation for Earthquake and Tsunami Orphans ('Iwate Learning Hope Fund' resources), Children Orphaned by Great East Japan Earthquake Fund, Fukushima Donation for Orphans affected by the Great East Japan Earthquake.)		
Management and the construction of Ronald McDonald House residential facilities for children with intractable diseases and their families	Ronald McDonald House Charities Japan	
Providing and spreading sports activities for children and adults with intellectual disabillities	★Special Olympics Nippon Foundation	
Installing shelters to save the lives of refugees forced to leave their homes due to conflicts	★Japan for UNHCR (United Nations High Commissioner for Refugees)	
Development and Promotion of Para-Sports	★ Japanese Para-Sports Association	
Inviting children with serious illnesses and their families to a dream campsite with on-site medical care, and providing invaluable time in great nature.	★Solaputi Kids' Camp	
Providing residential facilities and care for children fighting critical illness and their families during medical treatments	★Family House	
Protecting children in poverty, those subject to bullying, eating alone, those with developmental disorders, or a troubled lifestyle.	★Sodateage Net	
Realizing a safe society by learning the knowledge and skills about disaster prevention and first aid required	Tokyo Disaster Prevention & Emergency Medical Service Association	
To accomplish our goal to make society a place where every child can receive wonderful education, we send individuals with passion and leadership to public schools for 2 years.	★Teach For Japan	
Providing opportunities for mental care and learning to Japanese children suffering from disasters and poverty	★Katariba	

Charitable activities*	Recipient Program
We prevent the global warming and succeed healthy forests to the next generation by developing a low-pollen forests.	\star Tokyo Development Foundation for Agriculture, Forestry and Fisheries
To leave no one behind support better education for ethnic minority girls in Vietnam through construction of facilities and provision of gender trainings for tearchers and girls.	★Plan International Japan
Promoting and popularizing sports for people living in Tokyo	Tokyo Sport Benefits Corporation
Providing daycare service for all the children with special needs in Tokyo	★NPO Florence
By changing social system and empowering survivors, Kamo aims to solve the problem of child sex trafficking and sexual exploitation in India.	★Kamonohashi Project
Specialised surgical project for people with severe injuries on their bodies in conflict zones	★Doctors Without Borders Japan
The Tokyo Toy Museum address Japanese craft techniques for children, and Friendship beyond generation.	\star Association for the Arts, Toy and Playing Activities / TOKYO TOY MUSEUM
Development of protection and transfer activities to save dogs' lives, as well as training for disaster relief and therapy dogs	★Peace Winds Japan
Protecting children from hazardous child labour, providing education, and helping families raise themselves out of poverty.	★Action against Child Exploitation

SPORTS I''I LEGACY

TOKYO MARATHON FOUNDATION

Tokyo Marathon Foundation Sports Legacy Program Program Contents

Since 2018, the Tokyo Marathon Foundation Sports Legacy Program, in addition to its activities based on the four key words of Dreams, Environments, Expansion, and Contributions, has re-designated its "Great East Japan Earthquake Recovery Support Program" as "Sports Legacy Programs (2) and (3)." Through these two programs, it is carrying out activities that aid disaster-struck Tohoku areas.

▼ Sports Legacy Program contents for fiscal 2018

Sports Legacy Program (1)Creating a society where people can enjoy new lifestyle anchoredby sports

The goal of this project is to promote opportunities to understand nature of sports and how sports impacts our future generation by sharing ideas to ultimately creating a society that allows sports to be the center of our lives.

[Projects planned for fiscal 2018]

Diamond Athlete Program <Sports Dream>

- (Organizer: Japan Association of Athletics Federations https://www.jaaf.or.jp/diamond/)
- Project EXCEED Challenge Program <Sports Dream>

(Organizer: Japan industrial track & field association)

- Running course improvement and vitalization <Sports Environment>
- •Kids Athletics Program X Tokyo Marathon Style <Sports Expansion> (Organizer: Kids Athletics JAPAN)
- $\cdot \text{Wheelchair Track-and-field Challenge Support <Sports Expansion} \\$
- (Organizer: Wheelchair Athlete Club Socio Soejima) •Kids & FAMILYMPIC (Wheelchair Transaction Event) <Sports Contribution>
- (Organizer: Tokyo Sports Association for the Disabled)



Sports Legacy Program (2) <u>Recovery support for children in disaster-struck areas through "Kids</u> Athletics x Tohoku Caravan" sports activities

Last year, the Kids Athletics Program activities that primarily had been carried out along the Tokyo Marathon route (seven cities) to support and raise awareness of sporting events have expanded to the disaster-struck Tohoku region as well. The program continues to provide support and encouragement through sports to people in the area, who still struggles with severe problems. [Projects planned for fiscal 2018]

• Kids Athletics x Tohoku Caravan < Sports Expansion>

(to be held in three schools in Miyako City, Iwate Prefecture; Tome City, Miyagi Prefecture; and Minamisoma City, Fukushima Prefecture)







* Photos show last year's "Kids Athletics×Tokyo Marathon Style".

Sports Legacy Program (3) **Disaster-struck areas educational project** <Sports Contribution> Sports have the power to give courage, hope, and dreams to children, young adults, and people facing adversity. This program supports the efforts to tackle social problems through activities such as sporting events, helping foster the creation of an environment that provides Japan with even greater vigor. The program welcomes support from anyone who wants to help the Tohoku region through the power of running.

* Donations received by the Tokyo Marathon Foundation will be divided between the IWATE Learning Hope Fund, the Great East Japan Earthquake Miyagi Children's Fund, and the Great East Japan Earthquake Fukushima Children's Fund based on the number of minors within the scope of the projects in the three disaster-struck prefectures.

▼ Tokyo Marathon Foundation Sports Legacy Program Charity Ambassadors

Megumi Oshima / Women's marathon Olympian



I want to pass on peoples' ambitions, hopes, dreams, foundations, growth, and power of sports to people of all ages through the activities of the Sports Legacy Program! Thank you for your support!

Yu Nakamura / Television personality and runner



Last year, as an ambassador, I took part in various Sports Legacy Program activities and wrote reports about them. They were all wonderful activities that promotes warm and happier future. As a sports lover, I am overjoyed to continue to serve as an ambassador! M Takashi / Impressionist comedian



The Sports Legacy Program serves as a bridge between runners, volunteers, staff, and spectators, and I want to continue to support its efforts to create a growing circle of joy, bringing energy, happiness, and health to all those who love sports!

Atsushi Shikano / Music journalist



The Tokyo Marathon brings together people of all races with various values and lifestyles, who come from all around the world. By running together, participants enjoy sharing these values and lifestyles with others, and even when they don't share them, they enjoy affirming the values of other runners. I support all runners, who enjoy this potential.

▼ Sports Legacy Program

Expectation and interest for power of sports has been on the rise since the day Tokyo was nominated to host 2020 Olympic Games and Paralympic Games. To not end Olympic Games as merely a sporting event, a great deal of attentions is drawn to make the event to have a lasting and positive impact on society.

To support this, the Tokyo Marathon Foundation has implemented the Sports Legacy Program since June 2014, to make sports as basis of happiness. This will create a legacy in bringing brighter future in 21st century for not only Tokyo but entire Japan, regardless of the sports being competitive or recreational.

For details, please see the Sports Legacy Program official website (http://sportslegacy.jp). *Available only in Japanese



Tokyo Marathon 2019 Official Partners

We would like to announce our official partners who provide support to Tokyo Marathon 2019, scheduled on Sunday, March 3, 2019.

Presenting Partner Tokyo Metro Co., Ltd.

Official Partners STARTS CORPORATION INC.; Yamazaki Baking Co., Ltd.; ASICS Japan Corp.; Otsuka Pharmaceutical Co. ;

BMW Japan Corp.; KINTETSU INTERNATIONAL; The Dai-ichi Life Insurance Company, Limited; SEIKO HOLDINGS CORPORATION; SECOM CO.,LTD.; Toray Industries, Inc.;McDonald's Company (Japan), ;

Mizuho Bank, Ltd.; Seven-Eleven Japan Co.,Ltd.; ASAHI BREWERIES, LTD.; American Express International, Inc.; ALL NIPPON AIRWAYS CO.,LTD; Photocreate Co.,Ltd; ZENROSAI (National Federation of Workers and Consumers Insurance Cooperatives) ; KONICA MINOLTA, INC.; Hisamitsu Pharmaceutical Co.,Inc.; Daiwa Securities Group; Shiseido Japan Co.,Ltd; BANDAI NAMCO Entertainment Inc.; HJ Holdings, Inc.;

NIHON KOHDEN CORPORATION; KOYOU RENTIA Co.,Ltd.; Shimizu Octo,Inc.; EMTG Co., Ltd.

As of June 28, 2018

Detailed information on the official partners will be update on the Tokyo Marathon 2019 official website, http://www.marathon.tokyo/en/.



Packet Pick-Up Location will Change!!

TOKYO MARATHON EXPO 2019 will be held at Odaiba-Aomi Event Area (N,O,P)

(Nearest Stations : Daiba/Fune-no-kagakukan @ Yurikamome Line, Tokyo Teleport @ Rinkai Line)

As an event to bring and boost the excitement for the Tokyo Marathon 2019 (Sunday, March 3, 2019), the Tokyo Marathon EXPO 2019 will be held at Odaiba-Aomi Event Area. Tokyo Marathon EXPO 2019 will be open for three days (from Thursday, February 28 till Saturday, March 2) where 38,000 runners come to pick up their bibs, along with many Tokyo Marathon fans coming to experience the event.

Tokyo Marathon EXPO 2019 is the biggest running trade-show in Japan. You will have an opportunity to experience the latest running gears, apparels and demonstrations from exhibitors regardless of age, gender, nationality, occupation or experience.

We hope you will enjoy the Tokyo Marathon EXPO 2019 with a new venue.

Event Name: Tokyo Marathon EXPO 2019

MAP

- Location: Odaiba-Aomi Event Area (N,O,P) (2-chome, Aomi, Koto-ku, Tokyo) *Nearest Station : Daiba (U07), Fune-no-kagakukan (U08) @ Yurikamome Line Tokyo Teleport @ Rinkai Line
- Packet Pick-up: Thursday, February 28; Friday, March 1; and Saturday, March 2, 2019 *Open hours will be announced later.



Latest updates are always available on the Tokyo Marathon 2019 official website (http://www.marathon.tokyo/en/events/expo).

